

PM ATTACHMENT 3.10.2 Substance Use/Psychiatric Symptomatology Table

| Category of Substance | Type of symptoms seen with use pattern | | | Resolution Period <i>Persistence of symptoms/impairment past this period is sufficient for psychiatric diagnosis.</i> |
|--|--|---|--|---|
| | Mild Use <i>Uses no more than 1-2 times/wk; does not use to severe intoxication; no observable impairment.</i> | Moderate Use <i>Uses regularly, but not usually to severe intoxication; and/or episodes of severe intoxication occur, but once/wk or less; and/or presence of negative outcomes (hangover, money loss), but not severe.</i> | Heavy Use <i>Uses regularly (more than 2x/wk) to point of severe intoxication; significant impairment, negative outcomes noted, such as ER visits, fights, can't pay rent, medical complications of substance dependence (liver disease, hemorrhage, etc.)</i> | |
| Alcohol Benzodiazepines Sedatives | None | Anxiety, depression, not dysfunctional | Hallucinosis, not psychosis <i>Patient usually reports hearing "voices", content non-bizarre, good reality testing, no thought disorder or bizarre behavior.</i> | 30 days |
| | | | Anxiety Mood instability <i>Patients occasionally can develop a first true manic episode during withdrawal</i> Personality disorder | 30-90 days <i>Most severe symptoms will resolve (if they do) within 30 days - disability/fragility may persist longer.</i> |
| Stimulants (cocaine, | Mild anxiety, depression | Anxiety/panic, depression, mood instability | More severe anxiety & depression Personality disorder symptoms | 30 days (mild/moderate) 30-90 days (heavy) |

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| Methamphetamines | | | Paranoid psychosis | 30 days |
| Hallucinogens (Mescaline, LSD, peyote) | Anxiety & depression, | Anxiety & depression | Psychosis | Usually 30 days |
| | Occasional psychosis or severe panic <i>A single episode of hallucinogen use can occasionally precipitate psychosis or severe panic. This may also happen with methamphetamine.</i> | Flashbacks/ hallucinotic experiences Sometimes, psychosis, panic, mood instability | Severe panic, mood instability, | Up to 90 days |
| Opiates | None | Mild-moderate anxiety & depression | More severe anxiety & depression, personality disorder symptoms | 60-90 days |

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| | | | Occasional psychotic symptoms, during withdrawal only | 7-10 days |

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|------------------------------------|---|---|--|---|
| | Mild Use <i>Smoking a single marijuana cigarette 1 - 2 times/wk</i> | Moderate Use <i>One or two marijuana cigarettes 3 -5 times/wk</i> | Heavy Use <i>Two or more marijuana cigarettes daily</i> | |
| Marijuana (cannabis sativa) | None | Mental confusion, agitation, feelings of panic | Acute toxic psychosis, paranoia, disorientation, severe agitation, depersonalization | Moderate - 24 - 72 hours Heavy - 30 to 60 days <i>For heavy marijuana users, persistent anxiety, panic attacks, and mood/thought alteration may last up to 90 days.</i> |